



Mrs Jennifer Matthews completed her Bachelor of Health Science in 2007 through Charles Sturt University whilst raising 2 children (now 16 and 18). She is a qualified naturopath that has published 8 books and launched 2 courses in the areas of health and nutrition and has spent thousands of hours attending conferences, researching journal articles for her books and courses and forming connections with health experts around the globe. She has always had a keen interest in Obesity and Type 2 Diabetes and has spent much of her career working in clinics in an effort to assist with improving metabolic health in her clients. Her interest in this area and her passion for research has led to her commencing as a research assistant in the Basic Science unit led by Dr Vance Matthews and his team Dr Lakshini Weerasekera and Dr Aaron Magno at the Dobney Hypertension Center in Perth in 2020.